

PLACE
STAMP
HERE

HE
SAVES
ME

FROM
MYSELF

SEND TO:

SPOON AND PUNK
1515 N. SEDGWICK
WICHITA, KS 67203

SPOON AND PUNK 6



AIN'T NO POWER LIKE THE
POWER OF THE PEOPLE!

WELCOME TO ISSUE 6 OF SPOON and PUNK

I was planning to have some other things in this issue, but I wanted to get it out before the March 23rd show at the Parrot, so I went on without some people. I'd love to have more people doing things for the zine, but deadlines change so much it's hard. If anyone is up for this, talk to me sometime soon and we'll get workin'.

Kids that helped this time were Ash Luster (The War on Drugs) and Dan Davis (picture on page 21). The pictures on pages 13 and 15 were taken from Nowhere Fast's web page (nowherefast.com), and the pictures on pages 28 and 29 came from a Mr. T story book. Rad!

Drop me a line: Alexandra, 1515 N. Sedgwick, Wichita, KS 67203. Visit the website: www.geocities.com/punkstart

punkstart

ance of gaiety and festivity

. The

note

or and

note

Alexandra Unruh

It is not enough for a handful of experts to

attempt the

problem, to solve it and

then to apply

it. The restriction

of knowledge to an

elite group

destroys

the spirit of

society and leads to

its

intellectual

impoverishment.

Albert Einstein

Burning Heads

Burning Heads

Album **ESCAPE**

US DEBIT

IN STORES 09.12.00

SHUTDOWN

SHUTDOWN



The New Album
FEW AND FAR BETWEEN
IN STORES 09.12.00

36 St
B-M-N-R

www.victoryrecords.com



me

find

my

way

help

you'll

i

know

but

at

least

sometimes

im

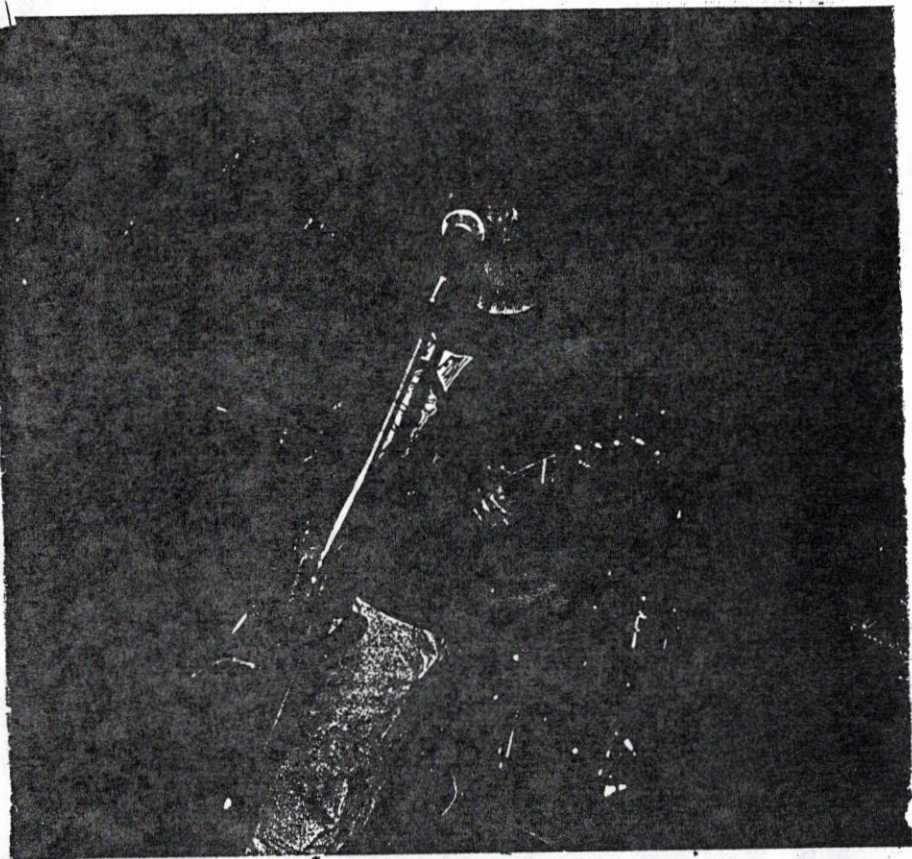
here

i

still

forget

why



THE SCENE

People tell me all the time about the punk scenes in their communities turning into shit. Hypocrisy, nicker-than-thou attitudes, militant ideals, backstabbing and fighting for popularity all play a part in their demise. These things most likely existed in the scene long before things began to fall apart, but as the scene grew the amount of these things grew until everything went to hell.



a few hours until we ran into some nice kids at a park. We told them about the car, our lack of money and shelter, and our

growing hunger. Subsequently they hooked us up with food in the form of gummy worms, a place to crash, and all the gas we could suck out of their neighbors' truck. After sleeping for awhile I walked into the living room of our new pad and realized we had the same problems there that we did everywhere. A quickly lessening supply of food and money, and too many people that had needs of their own. We thanked

Everyone for their kindness and ran away again, in hopes of ending up someplace perfect this time.

OR



Dozer stopped to sniff suspiciously, but no beavers appeared.

S COLUMBIAN E1

"I don't know," said Mr. T. "That's a deep crevasse. If anything should happen—"



861

PLAYGROUNDS

Being young can be great fun. No responsibilities, no work, no worries. Yeah right.

Spoon and me were in great need of money, and fast.

the pattern

He needed to pay the rent on our hole in the wall and we were getting really tired of eating Ramen noodles for breakfast. Of course, nobody wanted to hire us because of our appearances so Spoon ended up borrowing his cousin's car and driving me and himself as far as possible from our old life. Why is it we always seem to run away from our problems? I dunno. We're kids. It's what we knew.

After we ran out of gas in some little town on the Canadian border, Spoon wanted to go explore so we walked the streets for

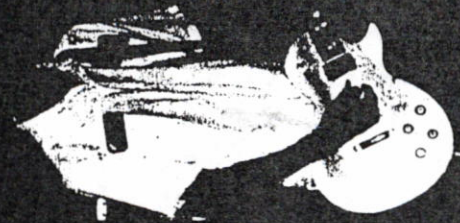
Fair had t



agents were

scientific p

Someone told me that the last punk show in Wichita had over two hundred people in attendance. That seems about right. I could barely walk across the room that night but it was great knowing all those kids were there to listen to some rad music and support the local scene. All in all, things



Went well and people seemed to be enjoying themselves, but I heard a lot of people talking shit and more than enough kids spouting punker-than-thou stuff. Whatever, it's just talk, but that's a big reason scenes get bad. Going to a show, to me, means a lot more than just listening to music.

It's a chance to learn a lot about people and to build a community. It doesn't make sense to me when people do all this back-

stabbing and ragging on people, because it doesn't help anything in the big picture. It destroys the scene and creates problems for people, and I'm guessing most kids don't

want that, so all we can do is remember why we're going to the shows and respect what people have worked so hard to create

DON'T

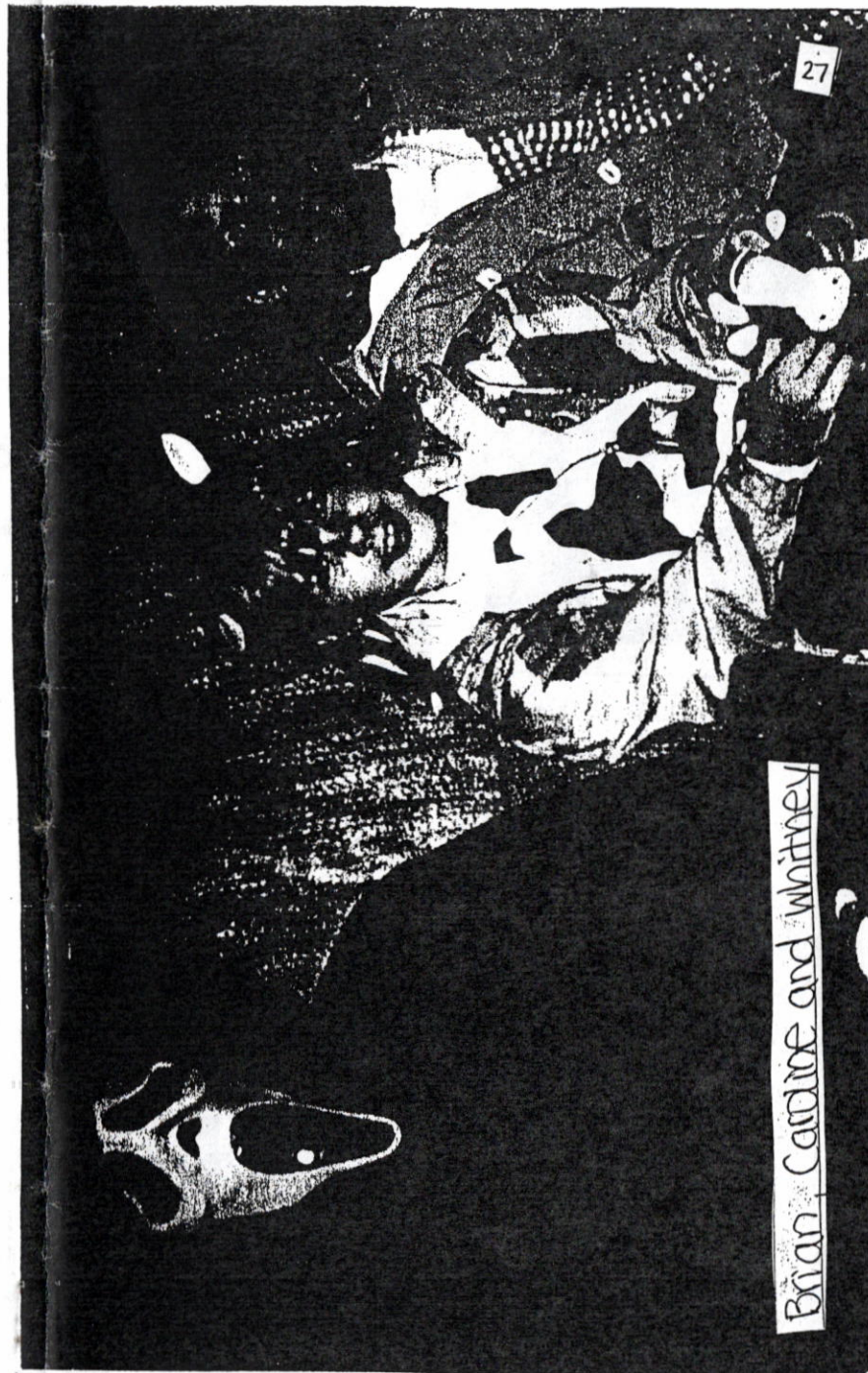
DESTROY

THE
SCENE

SUPPORT

IT

!

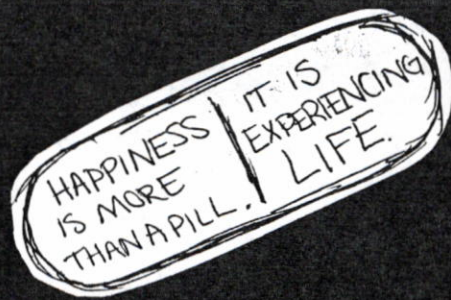


Brian, Caroline and Whitney

Other than taking pills, there are better ways to deal with long bouts of depression. Activities like writing, art, and music are very therapeutic and can help more than most people realize. Instead of getting angry with people, especially children, for turning to illegal drugs to help them with their problems, society should teach people

how to deal with mental problems in healthier ways.

Force-feeding people drugs to the point that they don't know what is going on is not the way to help this country and its people. The so called "War on Drugs" needs to start at the roots, in the homes of America, to make any difference at all.



FIT TO COMMIT



Considering the drastic measures some people take to rid the world of less than sane people, (or at least get them out of the way), I have to wonder what the motive is. Do they lock them up to help them gain stability, or to keep them from harming anyone, or to keep them from being harmed? I'd think it's all those reasons and more, but

being on the inside of a "behavioral/mental health facility" made me think differently. First you have to consider how easy it is to be admitted to such a place. All that is needed is a parent, doctor, or patient's request and a reason (which can be anything from not sleeping enough to having mood swings, etc.). Being admitted a second time is even easier. All you need is a person that believes said patient is not well yet, and they call out the police escorts and such. After I was admitted to a psych ward, I thought the staff would begin to help me as soon as possible. I was wrong. I was admitted on a weekend so priorities were

HEY -
LOOK ALL FOR
ALL THESE GREAT
RELEASES:

FETISH 'Silver'

ONE MAN ARMY
'Dead End Stories'

THE THUMBS
'All Lesser Devils'

DILLINGER 4/
PINHEAD GUNPOWDER
split 7"

'MIGHT AS WELL...
'CAN'T DANCE'

Our 1st comp with 15
original songs from all
the Adeline bands and
then some. Super good!

PINHEAD GUNPOWDER
'Shoot The Moon' ep

AFI
'A Fire Inside' ep

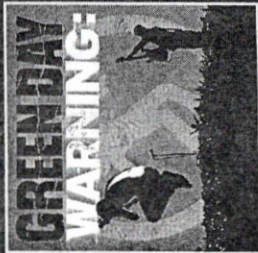
Want more? Send us a SASE for our new
full catalog with ton's of records and stuff!

p.s. - shops/distrib. call Mordam ok?
- call Revolver for the Green Day releases

TWO NEW GREEN DAY 7"S



'MINORITY' 7"EP
This puppy features the songs
'Minority' and 'Jackass' from
GREEN DAY's brand new
album Warning, along with
two previously unreleased live
versions of 'Brat' and '86'.
The first 1500 copies are on
green vinyl. 7" ep

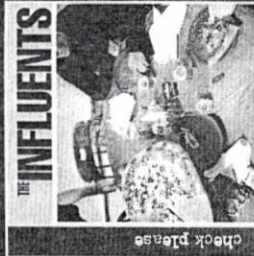


'WARNING' 7"EP
This pretty little slab-o-vinyl
features the title track from
GREEN DAY's new album plus
two NEW UNRELEASED numbers,
'Scumbag' and 'Outsider'.
Head this Warning friends!
7" ep

NEW FULL LENGTH RELEASES
COMING SOON FROM
ONE TIME ANGELS

THE THUMBS

The Influent's -
US tour in the
works. check our
site for dates



'CHECK PLEASE'
The Influent's first full length
'Check Please' is one of our
favorite records we've put
out yet. Members of
Pinhead Gunpowder and The
Receivers come together to
record a release that will
soon become one of your
favorites. CD & LP

for tour dates, info and stuff go
to WWW.ADELINERECORDS.NET
(we updated the damn thing)

Adeline
RECORDS

Adeline...we don't sleep

5337 COLLEGE AVE. #318 OAKLAND CA. 94618

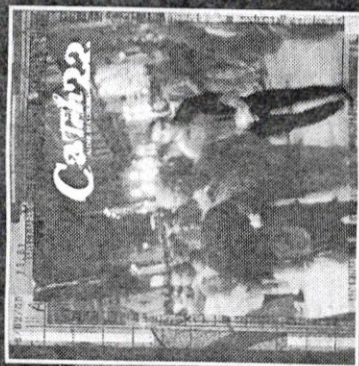
There have been numerous political
Cartoons written on this subject, but

this is no laughing matter. The side effects
of these medications on children could be
very dangerous. Addiction to these drugs
on top of the underlying subliminal
message: "Take drugs to be happy
because being sad is a bad thing", has
resulted in many children turning to under
age smoking, drinking, and abusing illegal
drugs when the anti-depressants lose their
ability to "buzz".

Citizens of the U.S. are becoming so
pumped full of drugs that it is hard to see
how anyone is functioning at all.

Being sad is not a bad thing. The human
mind needs to get a break from happy
dillusions before it snaps. It is perfectly healthy
and normal to suffer from occasional
depression.

Catch 22



ALONE IN A CROWD

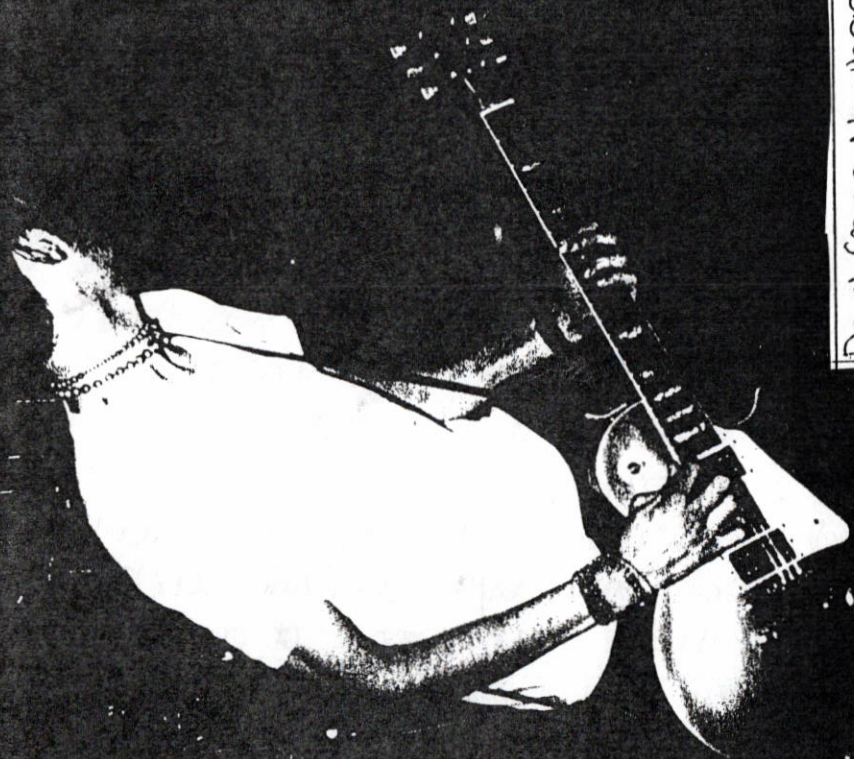


NEW ALBUM
LP/CD-10.10.00
www.victoryrecords.com

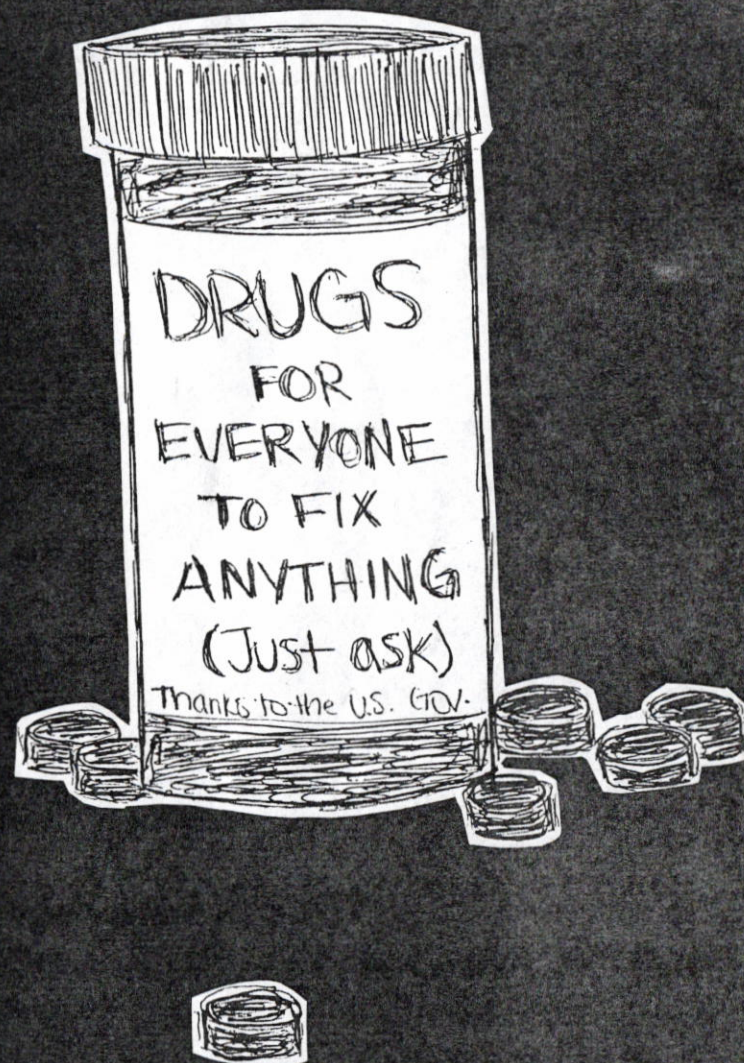
9
a little different. chill over the weekend and we'll work on your mind later. Considering that I wanted OUT as soon as possible, this seemed like bull. Finally, after eight days of doing schoolwork, eating, sleeping, and the occasional counseling session, I was released. They didn't say I was better,

but slightly stabilized. which was their way of making sure they'd get tons more money out of me through regular doctor visits, mental evaluations, counseling sessions and medication. Truthfully, I feel a lot better after talking with my parents and friends than doing all these other things. of course, my

doctors still think I need this other stuff, and if I refuse they'll lock me up again. Fun, huh? so basically the things that make me feel healthy and happy don't mean anything to them. All they want is my family's money. Mental health is great.



Paul from Nowhere Fast



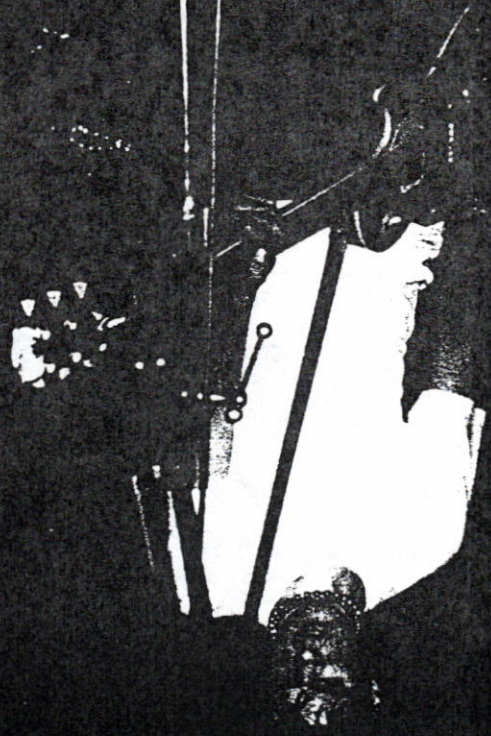


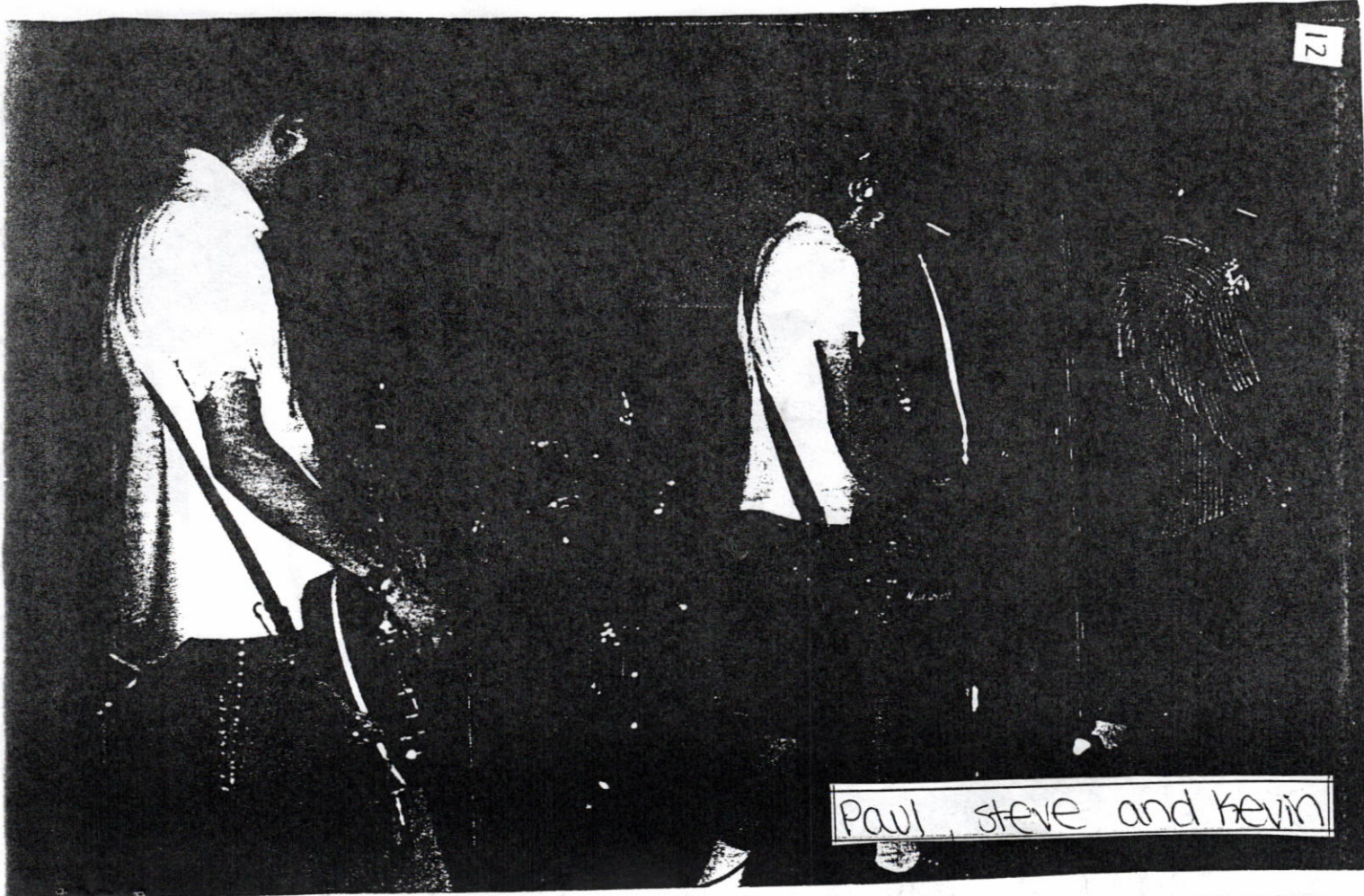
by ASH LUSTER

Recently adult anti-depressants have been prescribed needlessly to not only adults, but children too. Drugs like Prozac, Zoloft, Paxil, and Ritalin have been handed out like candy. Doctors are giving these pills out in large amounts to anyone who is depressed, having a bad day, or willing to take them. It seems like as long as the government gets money, they don't care about what this over medicating is doing to the masses.

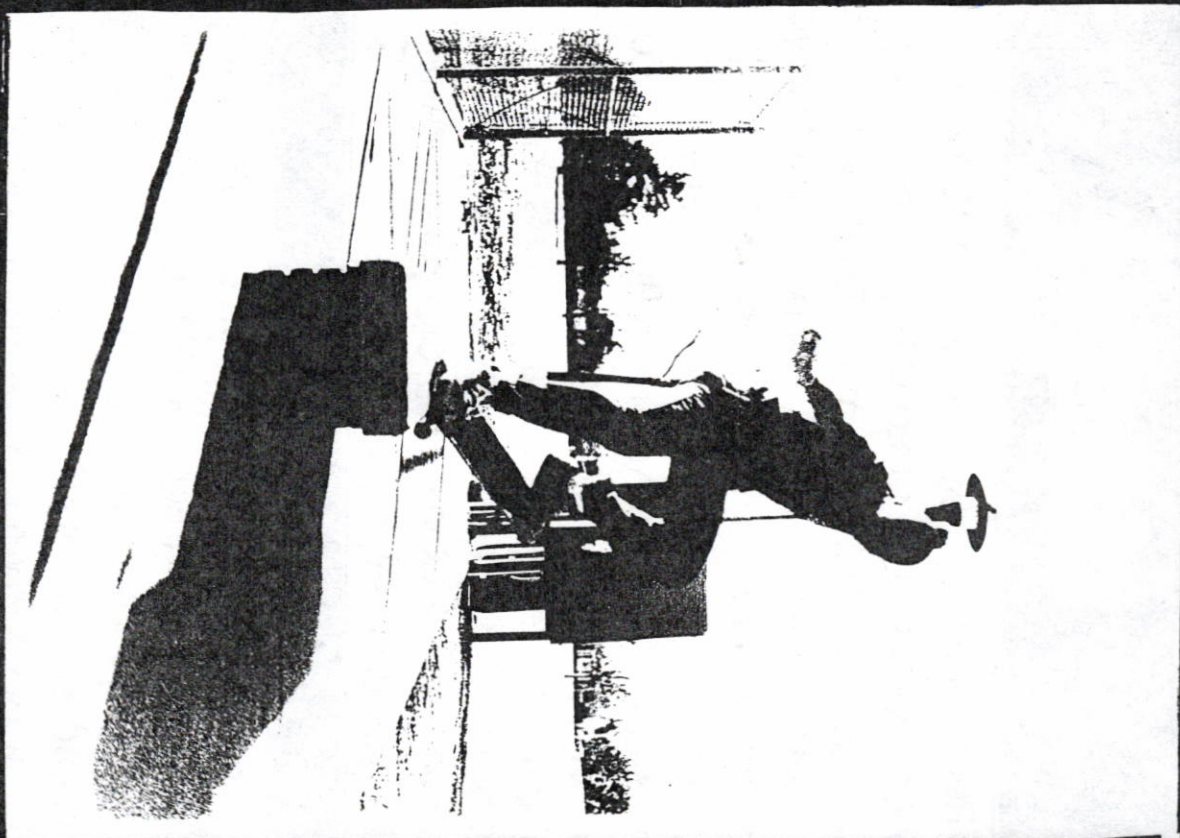
These are not "bad" pills. These drugs do help several people with emotional and psychological disorders, but they should not be given to people who really don't need them. Especially not the children being forced to take them who could suffer from the possibly fatal side effects these drugs pose.

Paul and Steve





Paul, Steve and Kevin



decided to use me as a pillow. When my eyes finally adjusted to the blinding light of a passing car, I realized the kid sitting next to me was not someone I knew.

"Who are you?" I said. "Squid. I thought you were asleep." He smiled as Superman began talking to himself. I saw spoon sitting on a rock outside of the car, smoking.

I closed my eyes and went back to sleep.



THE GLORY THAT IS PUNK ROCK



What is it about punk rock that gets me so hyper and happy? My mom says it's just a phase that everyone goes through, but I beg to differ. What

Is wrong with people that they have to call it a phase, anyway? Makes them feel better, I suppose. Anyhow, back to the subject.

I think the reason punk makes me happy, unlike other things, is because it's based around doing what you want and making your own rules. Besides that, it's not something you do to be cool (although some people think it is). You can be yourself and people still accept you, which is very rare indeed. All the shows I've been

to, I've seen a kind of unity and community that isn't present in many other scenes. People try to help

forcing me to swallow my gun. I love going ninety. I like watching Superman fight with his shoes in a drunken stupor, too.

Spoon was driving carefully this night though. We figured the less attention we got, the better. After going through so much trouble to save me, I didn't want to go back. I didn't want to be taken away from my friends again.

Driving is a very thing thing. This is probably why I fell asleep somewhere along our trip. When I opened my eyes the sky was still dark. I felt someone next to me and guessed that Superman had

NIGHT

I took in a deep breath. The cool night air filled my lungs as I rested my head on the torn vinyl seat of Superman's old car. "Where are we?" I asked. He just hiccuped and hit the gas. I rubbed the spot where an IV had been.

My arm was sore. I had forgotten to take my medicine that morning, but I didn't feel the difference.

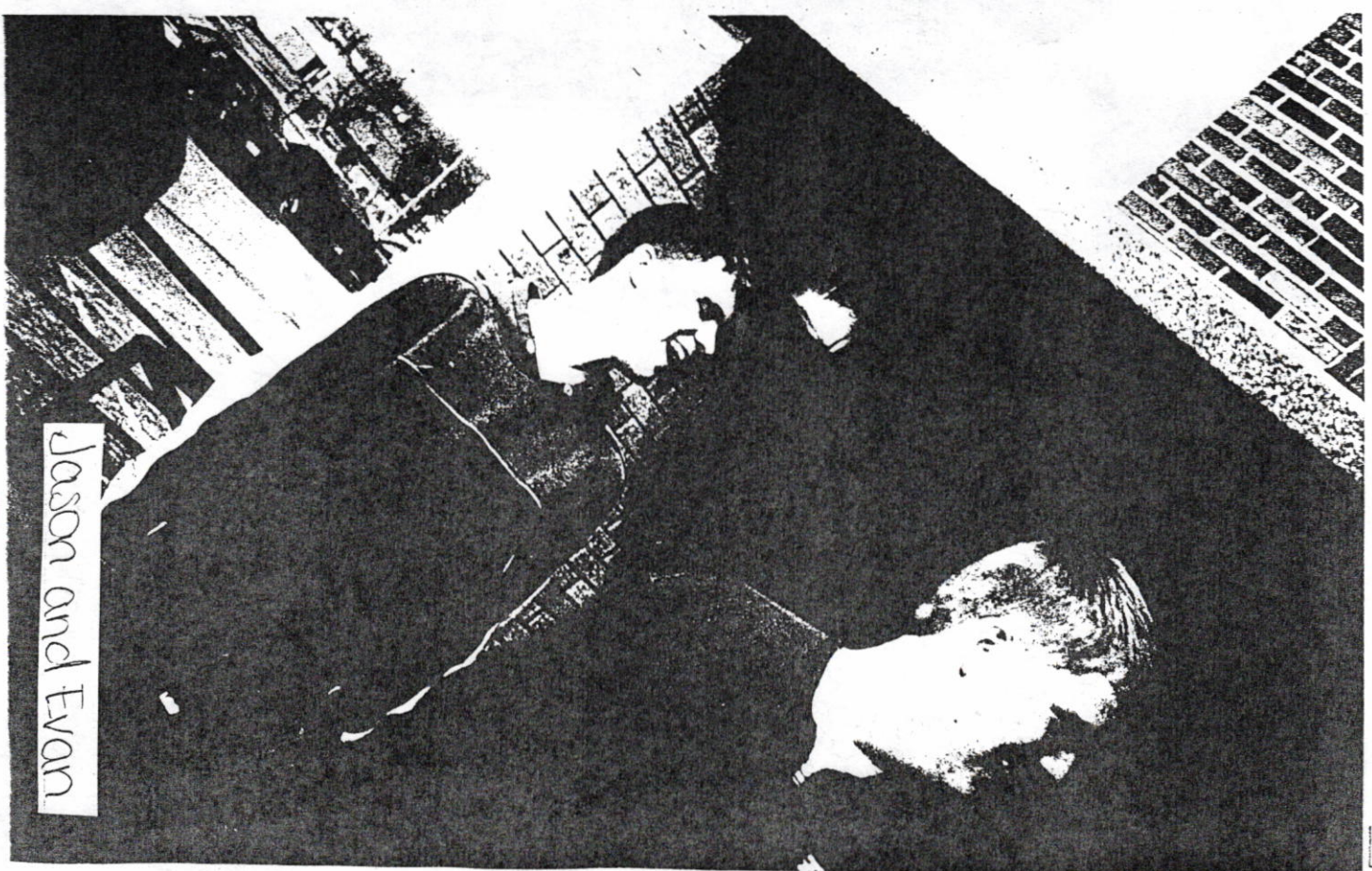
Superman was now passed out in the back seat. Spoon had stopped back in some little town and bought the cheapest alcohol he could find. Superman had, subsequently, consumed it all. Spoon just wanted to drive. He loved flying over bumps in the road,

each other out and support each other. Of course there are always some exceptions, but for the most part I think punk rock joins people.

I also love this community and the punk scene because so many people are doing things for themselves. DIY! I love it. When kids put out their own records, press their own covers, make zines, record in their basements or any other thing that people in other scenes make seem so impossible to do, it makes me feel strong and great. That's only a part of why I like punk rock, but I'm sure you understand.

How to: make a zine

Recently kids have been asking me how to start a zine. It's really not hard. All you need are some ideas and patience. Basically to make a zine you take topics that interest you, write about them, add in some pictures and interesting layouts, and stick them all together. You can put them together however you like, and then off to make copies. These can cost a lot so finding a free copy machine is good.



Jason and Evan